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SNAP PRINTING AN ULTRA FIT TEAM

There will be some sore legs at Snap Printing in East Victoria Park this week after Key Account Manager, Gary Sargisson, competed in the Busselton Ironman on the weekend.

The Ironman event – which involved a 3.8km swim, 180km bike ride and a full marathon (42.2km) – is one that is only tackled by the seriously fit.

The Snap Printing contingent included three teams and fourteen individual competitors, including CEO Grant Vernon.

While this is the second time Grant has competed in the Busselton Ironman event, it is Gary's first time.

"Last year I competed in the bike leg of the Ironman and I was inspired by others in my team to take it one step further this year," Gary said.

Aside from a short break after being involved in a bike accident in July, Gary has maintained a consistent training schedule.

"I have been training since about March, about six times a week."

"It is a really intense event and being prepared was essential!"

Former AFL umpire, Grant Vernon agreed the Ironman event was not one to be taken lightly.

"My former job as an umpire involved in rigorous training, so training for the Ironman event was an extension of what I was already doing." Grant said.

"What I found really impressive was the number of people who competed as part of the Snap team."

"I don't know many organisations could boast a team of fourteen individuals and three teams."

"Even the father of our General Manager Sales, Steve Southwell, competed on the weekend – and he is 79 years old!"

Gary has worked at the East Victoria Park Snap Printing centre for 27 years. He said his fellow staff were great supporting him in the lead up to the event and hoped they would be understanding if he was a little 'slow' when he returned to work on Wednesday this week.

Ends.

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About Snap

Snap Franchising Limited is regarded as Australia's first successful franchise with over 100 years experience in the printing industry. The Group is 100% Australian owned by the Watt family and was originally established as the Imperial Printing Company in 1903.

Dynamic management focus and strong branding has seen Snap Printing evolve from a corner shop printer to a national corporate partner boasting national clients